



Meet the HUB Team Members for the Iowa PCA Behavioral Health ECHO Clinic



Dr. Bery Engebretsen, MD, has served as the Chief Executive Officer and then Chief Medical Officer at Primary Health Care from 1981 to 2019 in Des Moines, Marshalltown and Ames. Dr. Engebretsen continues to operate the Wellness Center and participates in the operation of the PHC residency programs. His new role at Primary Health Care is Chief Visionary and his interests are on prevention and wellness activities for the patients in primary care. Dr. Engebretsen will facilitate the discussion for the case presentation section in this ECHO series."



Dr. Nicole Gastala, MD is the Director of Behavioral Health and Addiction at UI Health Mile Square Health Centers, an academic FQHC system within the University of Illinois Health System. She is an assistant professor of clinical family medicine in the department of family medicine at University of Illinois Chicago. She is board certified in family medicine and addiction medicine. Dr. Gastala provides full spectrum outpatient family medical care as well as medications for opioid use disorders in underserved settings.



Autumn Brunia, D.O. joined the Des Moines University Clinic – Behavioral Health in 2023 as a faculty psychiatrist and Assistant Professor, serving patients and teaching DMU students. She also serves as a faculty member for the Broadlawns/UnityPoint psychiatry residency program in Des Moines. She has extensive experience in working with individuals with trauma and post-traumatic stress disorder and who are escaping domestic violence. Her outpatient clinic is focused on partnering with primary care providers and being a resource for referrals and collaboration of psychiatric care in Iowa. Dr. Brunia earned a business degree from Drake University and worked at The Principal Financial Group for five years before deciding to pursue medicine. She earned a degree in biology from Drake and then graduated from DMU's Doctor of Osteopathic Medicine program. She completed her psychiatry residency at Broadlawns/UnityPoint, where she was chief resident and won the Des Moines Resident Teacher of the Year Award from the University of Iowa Carver College of Medicine for teaching medical clerkship students.



Andrea Storjohann, MSN, ARNP, PMHNP-BC, CADDC, is a board-certified psychiatric nurse practitioner who also holds a certification as an alcohol drug counselor (CADDC). She's spent over a decade working in healthcare, with the last 6 years dealing directly with substance use disorder and pain management. Andrea has presented for the Iowa Health Care collaborative, is a member of the Medication Assisted Treatment ECHO hub, and provides technical assistance related to MAT program start up via the Opioid Response Network (ORN-TA). Andrea and her work with Dr. Nicole Gastala, have been featured in the New York Times Articles: When an Iowa Family Doctor Takes on the Opioid Epidemic, and Inside a Killer Drug Epidemic: A Look at America's Opioid Crisis. Andrea and her team were presented with Addiction Policy Forum's Innovation Now award in June of 2019 for their work related to improving access to medication assisted treatment throughout the state.



Jon Decker, LMHC graduated from the University of Wisconsin-Platteville in 2009 with a master's degree in school counseling (K-12) and in 2010 with a master's degree in community mental health counseling. He is a licensed mental health counselor in the state of Iowa and holds an advanced certification in addictions in the state of Iowa. Prior to joining Crescent Community Health Center in the spring of 2019, Jon spent 14 years providing outpatient addictions services within the Dubuque area. In his spare time Jon enjoys cooking and spending time with his wife and five children.



Danielle O'Brien-Day, LMHC, joined Infinity Health in 2010. Ms. O'Brien-Day earned her Master of Science from St. Cloud State University and is an active Licensed Mental Health Counselor (LMHC) and Nationally Certified Counselor (NCC). She currently serves patients in the Centerville and Chariton offices and surrounding schools. Ms. O'Brien-Day serves as the Behavioral Health Director for CHCSI since 2012 and serves as the PCA Board Representative for Behavioral Health.



Tiffany Conroy, LISW, is an Integrated Health Consultant at Iowa Primary Care Association, focused on Behavioral Health. In this role she provides training, technical assistance, and quality improvement support focused on integrated behavioral health to Iowa's federally qualified health centers. Tiffany leads the BH ECHO for the PCA.



Liz Rosa, MA, is a Program Manager at the Iowa PCA. She provides program management oversight for nine community health centers in improving access to oral health care for children. Liz will be providing administrative support for both the Behavioral Health and HCV ECHOs.