

# 2019 IOWA PRIMARY CARE ASSOCIATION ANNUAL REPORT





# ENSURING ACCESS FOR ALL



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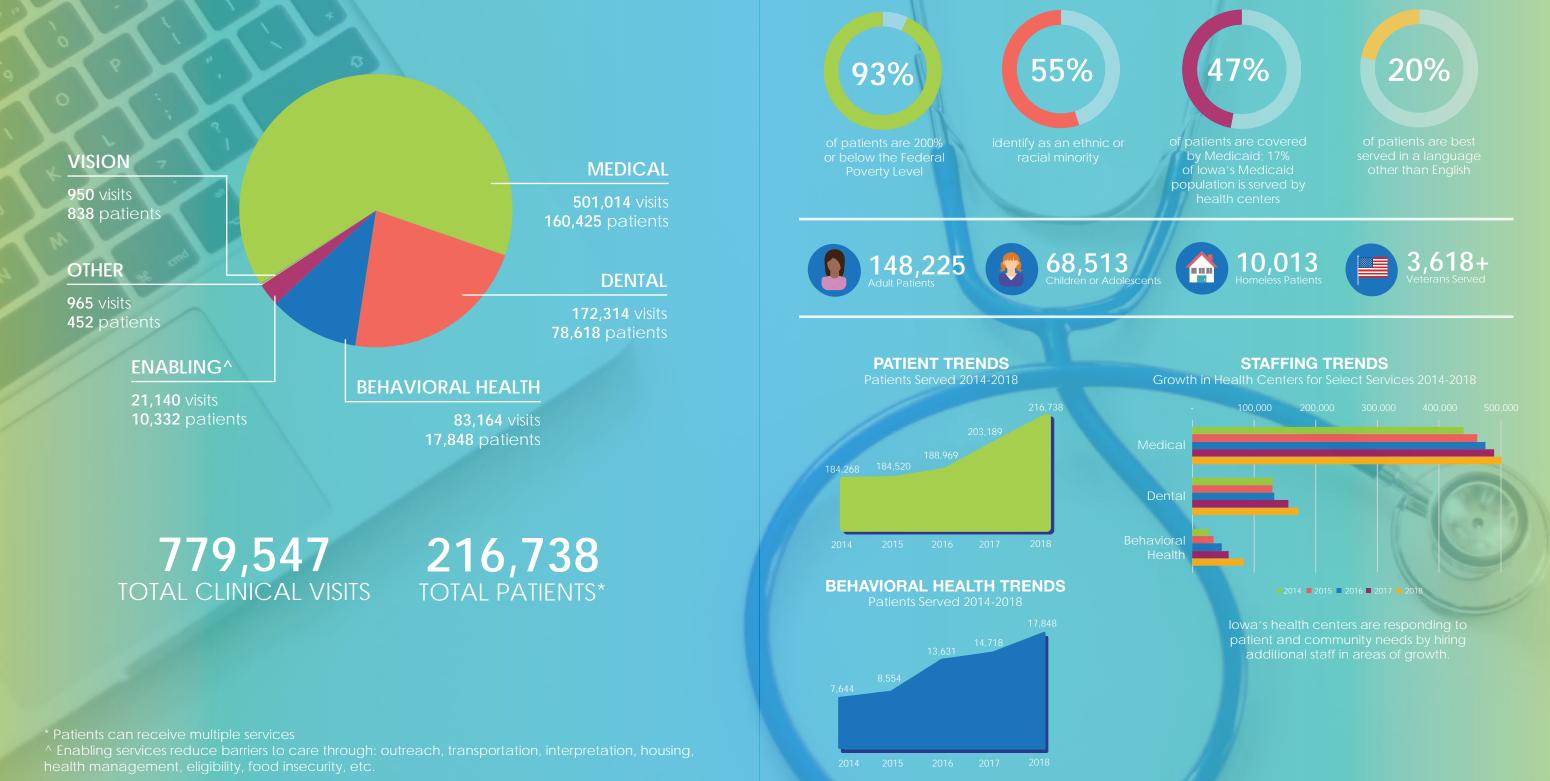
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# IMPACT A YEAR IN REVIEW





# IMPACT



#### Dear Friends,

For over 30 years, Iowa's health centers have worked to fulfill our mission of providing high quality, integrated care services to vulnerable populations. The impact of health centers continues to grow due to our focus on developing innovative solutions and partnerships to address an ever-changing healthcare system.

In 2018, our health centers have once again made a tremendous impact on their communities by providing healthcare services to populations who otherwise would not have access. In 2018, the number of patients receiving services grew to over 216,000, a 6% increase from 2017. These patients accessed care through almost 780,000 visits for medical, dental, behavioral health, vision, enabling services, and a wide array of other needs.

Health centers are committed to filling gaps in their communities by providing a welcoming environment for all - regardless of age, income or insurance status - with care that is comprehensive and culturally appropriate. While patient demographics vary in urban versus rural areas, nearly 22% of health center patients statewide have private health insurance, 22% are uninsured, 47% have Medicaid, and nearly 70,000 are children. Over 10,000 homeless adults and children and more than 3,600 Veterans were served by health centers in 2018 - two complex populations that would otherwise have difficulty accessing appropriate services.

Our impact on the healthcare system continues to grow as we develop innovative strategies for delivering care. Increasingly, our focus is on value-based care and behavioral health integration strategies. In collaboration with our health centers and community partners, we are collectively changing the healthcare landscape for the underserved in lowa.

Our success and impact are made possible in part from the support of our partners, and we look forward to continuing to build meaningful relationships in 2019 as we work to address the needs of our patients and the communities we serve.

This is my last annual report as CEO of the Iowa Primary Care Association as I retire on June 30, 2019. I am proud of what has been accomplished over the previous 19 years. I have absolute confidence in the leadership capacity of Aaron Todd, the members of his leadership team, and the other very gifted members of the PCA to carry on our shared mission. I wish them all well. I will always be a proud advocate for the underserved and look forward to the many successes they undoubtedly will have in the future.

Theodore J. Boesen, Jr Chief Executive Officer Iowa Primary Care Association, INConcertCare, and IowaHealth+



The member health centers of the Iowa Primary Care Association continue to demonstrate how integrated care models treating the whole person can produce better outcomes and fill gaps in care for our communities. Now serving over 216,000 patients statewide, health centers are working together and with our community partners to grow and diversify our services to meet the needs of rural and urban populations.

As the Board Chair, I am excited about the progress we've made both collectively and individually and look forward to the future as we experience growth and continue to fulfill our mission of providing guality, affordable care and ensuring access for the underserved in Iowa.

Tom Bowman Chief Executive Officer Community Health Care, Inc.



#### **IMPACT: IOWA**

**IMPACT** 

Iowa's health centers have a \$328 million economic impact in Iowa. This is felt most strongly in rural and underserved areas, bolstering quality of life. In total, health centers employ over 1,700 individuals, often serving as the largest employer in rural areas.

#### **IMPACT: NATIONAL**

Health centers serve 28 million patients – or 1 in every 12 people – in every state, territory, and the District of Columbia. Health centers save the U.S. healthcare system over \$28 billion annually.

#### **IMPACT: COST OF CARE**

A University of Chicago study of 13 states found health centers each year save Medicaid, on average, \$2,371 (or 24%) per person in total cost of care when compared to other providers. In Iowa, the cost of care at health centers is 27% lower than other providers.

#### **IMPACT: MEDICAID**

Health centers are cost-effective Medicaid providers, serving 17% of all Medicaid beneficiaries in Iowa, but representing only 2% of the state of lowa's total Medicaid expenditures.

The growth of health centers, both with physical space and number of patients served, has significant impact on their communities. Capital investments for expansion or renovations allows for patient growth, stimulating economic activity in construction and associated professions, and ultimately increasing the number of health center staff available to provide care. The more staff employed at health centers and the more patients receiving care, which allows them to be healthy and productive citizens, the larger economic impact a health center has on their community.

**IMPACT: BEHAVIORAL HEALTH INTEGRATION** Health centers are implementing integrated care models (such as the collaborative care model) that are proven to improve outcomes and decrease the total cost of care. A study by Jurgen Unutzer showed that using a collaborative care model more than doubled the rate at which patients achieved a 50% reduction in their depressive symptoms and decreased the total cost of care for patients with major depression by nearly 20% over four years. Nationally, Milliman group estimates that behavioral health integration could save Medicaid between \$12.3 and \$17.2 billion dollars a year. Health centers play a critical role in caring for this population.

#### **IMPACT: CAPITAL INVESTMENTS AND EXPANSION**

# IMPACT **PARTNERSHIPS**

#### WORKING TO ADDRESS INTIMATE PARTNER **VIOLENCE AND HUMAN TRAFFICKING**

As part of a national initiative to address intimate partner violence (IPV) and human trafficking, Iowa joined teams from Arkansas, Connecticut, Idaho, and Minnesota for "Project Catalyst: Statewide Transformation on Health and IPV" – a project led by national nonprofit Futures Without Violence (FUTURES).

lowa's team includes the lowa PCA, lowa Department of Public Health, and Iowa Coalition Against Domestic Violence, working together to promote state-level policy and systems changes to improve response to IPV and human trafficking in health centers and domestic violence programs across the state. Pilot health centers included Siouxland Community Health Center, Community Health Center of Fort Dodge, Community Health Centers of Southern Iowa, Community Health Care, Inc., and Peoples Community Health Clinic.

Healthcare providers are in a unique position to identify and support survivors of IPV and human trafficking, given the increased presence that victims and survivors often have in the healthcare system due to negative health outcomes that are associated with these types of trauma and violence.

IPV and human trafficking is a growing issue in the state of lowa, with over a third (35%) of women over the age of 18 reporting a lifetime history of IPV according to the NISVS 2010-2012 State Report. Data from the National Human Trafficking Hotline shows that in Iowa calls made to the hotline more than tripled over a four-year period, rising from 63 calls in 2012 to 202 calls in 2016, the overwhelming majority of which were cases of sex trafficking.

The work in 2018 resulted in:

- Promotion of state-level policy and systems changes to support an integrated and improved response to IPV and human trafficking in health centers and to other needed services in domestic violence programs
- Training and technical assistance to five health centers and five domestic violence advocacy programs that partner with one another on trauma-informed practice transformation
- Implementation of policies and practices that support ongoing integration of the IPV and human trafficking response into healthcare delivery statewide, and significant inroads to train and engage at least 50 percent of health centers

# IMPACT **COMMUNITIES**

#### **OUTREACH AND ENROLLMENT**

Ensuring patients have health insurance is important for communities, as the uninsured are less likely to receive medical services, care that is timely, or preventive care to decrease the chance of unnecessary emergency room or hospital visits.

In Iowa, health centers are filling gaps in their communities as they are one of the few organizations still providing free, in-person assistance to consumers enrolling in health insurance. Enrollment assistance is crucial to ensure consumers understand their coverage options either through the Health Insurance Marketplace or Medicaid, how to get enrolled, and how to use their coverage.

All 14 community health centers in Iowa employ outreach and enrollment staff, providing 31,800 assists in 2018.

#### SOCIAL DETERMINANTS OF HEALTH

Health centers continue to be leaders in addressing Social Determinants of Health, which are the factors that affect a person's health status outside of traditional healthcare needs. This can include homelessness, lack of transportation, food insecurity, etc.

# IMPACT **PATIENT OUTCOMES**



of patients over the age of 18 received tobacco use screening and cessation counseling. This exceeds national health center grantees and the goals of Healthy People 2020.



of patients whose HIV diagnosis was made by health center staff were seen for follow-up treatment within 90 days. This exceeds national health center grantees.



of patients ages 12 and older were screened for depression and had a follow-up plan documented. This exceeds national health center grantees.



of adult hypertensive patients had controlled blood pressure. This exceeds national health center grantees and the goals of Healthy People 2020.



One of the main barriers health center patients face is food insecurity due to a lack of resources. Many health centers in Iowa are working to alleviate this barrier by implementing innovative strategies to ensure access to food for their patients.

One approach is the development of community gardens. By planting gardens where members of the community have access to fresh fruits and vegetables, health centers can help decrease health disparities by promoting physical activity through planting and maintaining the garden, healthy eating, and fostering social interactions between various socioeconomic groups, providing a better sense of community and inclusion.

Health centers also address food insecurity through programs that aim to partner local farmers with health centers to provide low-cost produce to their patients. Through these programs, patients are given "produce prescriptions" or vouchers to be used at the farmers' markets. This allows doctors to help provide an affordable option for fresh produce and a way to prescribe a path to better health.

Other health centers participate in community-based programs that aim to address food insecurity through food box distribution, mobile pantry programs, or enrollment in the Supplemental Nutrition Assistance Program (SNAP).

By addressing food insecurity and other social determinants patients face, health centers aim to create positive health outcomes and fulfill unmet needs within their communities.

With adoption of the Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences (PRAPARE) - a national effort to collect data around social determinants - health centers are better equipped to understand and act to remedy a person's SDOH.

Four health centers in Iowa are in the process of implementing the PRAPARE tool and five health centers have fully implemented.

#### SCHOOL PARTNERSHIPS

In order to foster healthy lifestyles, to promote better outcomes and development, and to fill gaps in care for children and adolescents, many health centers have developed partnerships with local school districts. School-based partnerships have many forms such as medical clinics located in school buildings, behavioral health services provided in schools by health center staff, or backpack drives for school supplies. By leveraging resources between health centers and schools, children and adolescents are able to benefit from care and services, helping them to have a healthier start to their young lives.

Three health centers in Iowa have formally partnered with local schools through various innovative partnerships.

# **SOCIAL DETERMINANTS SPOTLIGHT** ADDRESSING FOOD INSECURITIES

# IMPACT VALUE-BASED CARE

lowaHealth+ is a clinically integrated network owned and managed by 11 lowa health centers and the lowa PCA. The company is a voluntary business venture dedicated to providing payor agnostic and value-based care while safeguarding the unique mission of health centers.

Within the context of an ever-changing healthcare environment and accelerating pressure to move to value-based care/payment, lowaHealth+ provides value to health centers, payors, and partners in a variety of ways:

- Safeguarding our mission as primary care providers devoted to caring for vulnerable populations
- Building and better leveraging capacity and economies of scale, sharing investment and risk
- Proactively defining our path forward and holding each other accountable to shared standards
- Developing a statewide primary care-focused
   system of care that leverages our integrated model
   and reinvests in it
- Ensuring vulnerable patients' access to care within a larger system and growth in market share
- Providing a one-stop shop for patients/payors/partners
- Empowering and sustaining practice transformation and value-based payment reform

#### **BUILDING A SYSTEM OF CARE**

In early 2018, IowaHealth+ health centers began working intensively to define an evidence-based system of care for the patients and communities we serve. Through extensive collaboration via the network's standing committees and a dedicated Care Coordination Work Group, IowaHealth+ centers are building common definitions, accountabilities, and evidence-based resources for core components of the network's Model of Care in order to articulate and measure the value our network provides to both patients and payors.

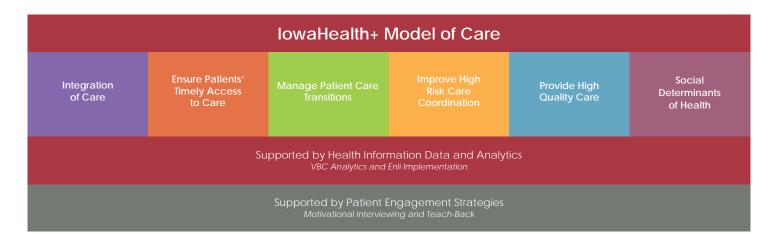
#### **INNOVATION & PARTNERSHIP**

IowaHealth+ has a history of innovating in health care payment and delivery through strong partnerships. IowaHealth+ engaged in care coordination and shared savings partnerships with both Medicaid MCOs in the state in 2018, covering over 58,000 attributed Medicaid lives.

lowaHealth+ also continues to invest in the Transformation Collaborative, a joint investment with the lowa PCA and INConcertCare that provides interdisciplinary support to centers as they focus on performance improvement, data analysis and reporting, and business and population health strategies designed to improve outcomes and lower the total cost of care.

#### 2018 KEY ACCOMPLISHMENTS

- Significantly reduced the total cost of care for two payor partners, resulting in millions of dollars in savings for the Medicaid program
- Collaborated with payor partners to implement total cost of care interventions, including working on transitions of care and engaging in a pilot focused on providing care coordination services to high risk populations
- Achieved quality measures in the top one-third of providers in a cost and quality-based shared savings program, earning the highest shared savings of any network participating in the same program in Iowa
- Accessing and utilizing more sophisticated data sets through our analytics implementation
- Continued work to systematically define our care coordination system, including working to standardize activities that reinforce our operation as a network
- Collected social determinant of health data on over 24,000 unique patients captured via the PRAPARE tool, a nationally recognized screening tool, and used this data to connect patients with additional non-medical supports



# **170,651** PATIENTS SERVED

of patients fall under 200% of FPL

93%

of patients are eligible for Medicaid

# iowahealth.

# 58,000+ ATTRIBUTED MEDICAID LIVES

# 44%



of patients are uninsured

# **IMPACT AWARD RECIPIENTS**



#### UNDERSERVED CHAMPION

In recognition of Dr. Peter Damiano's commitment to ensuring vulnerable lowans have access to healthcare services, the Iowa Primary Care Association is pleased to honor him with the 2018 Underserved Champion of the Year Award.

During his career, the undercurrent of Dr. Damiano's work has focused on care for the underserved. His clinical career began as a Commissioned Officer in the Indian Health Service and today he is the Director of the University of Iowa's Public Policy Center and is a professor in the University of Iowa's Department of Preventive and Community Dentistry.

Through his health services research work, Dr. Damiano has focused on studying access to and quality of primary care services, including oral health services. His work has centered on the areas of healthcare reform, health insurance coverage, health disparities, and healthcare for the underserved populations.

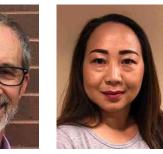
Dr. Damiano works closely with policymakers and the public to educate about the nuances of challenging policy issues. By sharing his research, Dr. Damiano keeps policymakers well informed about issues related to Medicaid and the impact the Affordable Care Act can have on the Safety Net. Through his research and education, Dr. Damiano is working to bring meaningful change to healthcare issues in Iowa.

He is also dedicated to ensuring access for dental services in Iowa as he continues to be clinically active through the University of Iowa's Faculty Group Practice.

#### ANNUAL CONFERENCE AWARDS

During the 2018 Annual Conference, the Iowa PCA recognized six recipients for their dedication to the health center mission. These individuals were nominated by their peers for their extraordinary work on behalf of lowa's health centers.













Carl A. Kulczyk Memorial Award Rick Johnson, Chief Executive Officer River Hills Community Health Center

**Outstanding Provider Award** David L. Yurdin, PA-C, AAHIVMS, Clinical Director The Project of Primary Health Care

Unsung Hero Award Diane Yang, Front Office Supervisor/Medical Records United Community Health Center

Impact Awards Julie Woodyard, Chief Executive Officer Crescent Community Health Center

Terry Y. Meek, Health Systems Coordinator Iowa Department of Public Health

Denise Wheeler, MS, CNM, ARNP, Family Planning Coordinator, Family Health Bureau Iowa Department of Public Health

# **IMPACT TED BOESEN**

Since July of 2000, Theodore J. Boesen, Jr. has led the Iowa Primary Care Association through tremendous growth and opportunities while navigating many changes to the healthcare system at both the state and federal level.

During his tenure, Ted served as the Executive Director and later the Chief Executive Officer of the Iowa PCA, the Chief Executive Officer of the integrated service delivery network of health centers, INConcertCare, Inc., and the Chief Executive Officer of IowaHealth+, a clinically and financially integrated network that partners with payors to improve the quality and reduce the cost of care.

When Ted first joined the Iowa PCA, then known as the Iowa/ Nebraska Primary Care Association, only six health centers were established with 72,547 patients receiving services through 245,736 visits annually. In 2018, Iowa's 14 health centers served over 216,000 patients through almost 780,000 visits.

While the number of patients served and health centers established have grown greatly throughout the last 19 years, health centers have also grown under Ted's leadership to meet the needs of their communities. Large increases in behavioral health and dental services have demonstrated the highest areas of need and how lowa's health centers have worked together to build infrastructure to further develop integrated care models to ensure patients receive comprehensive care.

Ted's work in Iowa and on behalf of health centers nationwide has been acknowledged through numerous awards. Last year, he was awarded the 2018 National Association of Community Health Centers Norton Wilson State/Regional Leadership Award, which is presented to an outstanding staff member of a NACHC-chartered Primary Care Association who exemplifies leadership excellence.

During the 2018 Iowa PCA Annual Conference, Ted was presented with a Lifetime Achievement Award for his work on behalf of health centers.

Ted received the 2016 Distinguished Medical-Legal Partnership Award for his decade of national leadership in advancing the medical-legal partnership model in Iowa and nationally. He was the first primary care association leader to partner with a federally-funded statewide civil legal aid agency to implement medical-legal partnership activities.

Ted was inducted into the National Association of Community Health Centers Grassroots Hall of Fame in 2011.

Even as Ted transitions to retired life as of June 30, 2019, his impact on our three organizations and our member health centers will continue through his legacy

# 2000 **VS** 2019

Growth of Iowa's health centers from 2000 – 2019:

+4,425%	Behavioral Health Visits
+769%	Dental Visits
+217%	Visits
+199%	Patients
+139%	Medical Visits
+133%	# of Health Centers
+87%	Other Visits
+51%	Enabling Visits

# **AWARDS**



#### 2011

Centers Grassroots Hall

2016 Distinguished MLP Advocate





2018

2018 Achievement Award



#### **BILL WYPYSKI**

**Executive Director** bwypyski@allcarehealthcenter.org

(712) 325-1990

www.allcarehealthcenter.org

allcarehc

@allcarehealth

(i) @allcarehealthcenter

#### LOCATIONS

All Care Health Center 902 South 6th Street Council Bluffs, IA 51501

#### Lakin Campus 1415 Avenue J, Suite 2

Council Bluffs, IA 51501

#### **COUNTY SERVICE AREA** Pottawattamie



# **ALL CARE HEALTH CENTER**

#### **COUNCIL BLUFFS**



AGE OF PATIENTS : % of patients in each age group

**40%** 20-44

**35%** 45-64

5% Black/African American

**3%** More Than One

14% Unreported

1% American Indian/Alaska Native

\*17% indicate they're of Hispanic/Latino origin

26.711

PATIENT VISITS

13,794

MEDICAL VISITS

**16%** 0-19

**9%** 65+

1% Asian





5.588

PATIENTS SERVED



HOMELESS PATIENTS SERVED

2,728

BEHAVIORAL

HEALTH VISITS



7.534 DENTAL VISITS



40 +

VETERANS SERVED

PATIENT INCOME as % of federal poverty level based on # of pati 51% Below 100% FPL 36% 101-200% FPL 14% Over 200% FPL



44% Medicaid 10% Medicare

21% Private



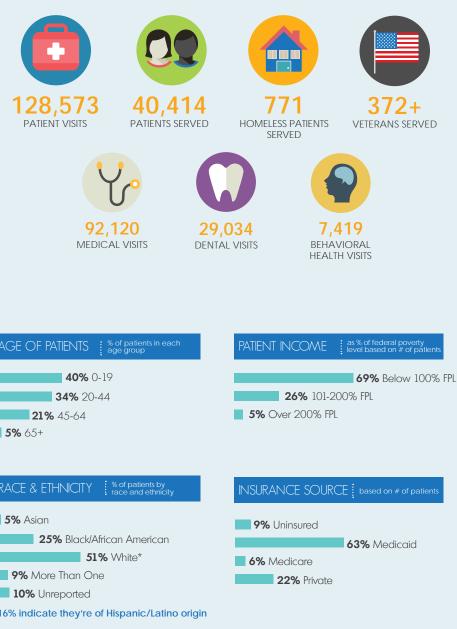
TOM BOWM	AN	
Chief Executive tbowman@cho		
563-336-300	0	
e www.chcqo	ca.org	-
f community	healthcareinc	
💟 @commhea	althqc	
LOCATIONS CHC Davenport Mea 500 West River Drive Davenport, IA 52801	dical Clinic	
<b>CHC Davenport Der</b> 125 Scott Street Davenport, IA 52801		
<b>CHC Homeless Clini</b> 500 West River Drive Davenport, IA 52801		AG
<b>Moline Medical Clin</b> 1106 4th Avenue Moline, IL 61265	ic	
<b>East Moline Medical</b> 708 15th Avenue East Moline, IL 61244	Clinic	59
<b>Rock Island Medica</b> 2750 11th Street Rock Island, IL 61201	l and Dental Clinic	RAC
<b>CHC at Robert Youn</b> 2200 3rd Avenue Rock Island, IL 61201	g Center	5%
Clinton Medical & De 925 South 4th Street Clinton, IA 52732	ental Clinic	9
Edgerton Clinic 1510 East Rusholme Davenport, IA 52803		*16%
COUNTY SER Clinton; Muscatine Pock kland II		HEA

#### HEALTH CENTER HIGHLIGHT: COLLABORATIVE HOMELESS OUTREACH PROGRAMS

76% White\*

Through collaborative efforts with MICAH House and New Visions Homeless shelters. All Care Health Center (All Care) is working to increase opportunities for medical and dental health services to southwest lowa's homeless population. Integrating health care into the stability plan for homeless, with on-site care at shelters, helps to diagnose needs that will provide a route to better overall health, promote hope, and a positive future focus.

All Care's new Florence M. Lakin Health Center has opened its doors to provide direct access to low-income and homeless patients through the Charles M. Lakin Human Services Campus. Services at this health center support medical and dental needs of their patients, with special services to accommodate women's health and assistance with insurance enrollment.



#### COUN Clinton:

Rock Island, IL

# **COMMUNITY HEALTH CARE, INC.**

DAVENPORT; CLINTON; MOLINE, IL; EAST MOLINE, IL; ROCK ISLAND, IL

#### HEALTH CENTER HIGHLIGHT: RECOGNIZED AS QUALITY AND ACCESS LEADERS

Community Health Care, Inc. (CHC) was proud to receive several recognitions from the Health Resource and Service Administration in 2018. The health center was recognized as Clinical Quality Leaders (Top 30% of Health Centers Nationwide), Access Enhancers (5% Increase in Patients Served and Quality Award) and a Health Disparities Reducer (Low Birth Weight, Hypertension, Diabetes Improvement, and Access Improvement). CHC achieved these quality outcomes while simultaneously eclipsing 40,000 unduplicated patients served in their clinics. Their commitment to both quality and access is at the heart of what they do at CHC.



#### **RENAE KRUCKENBERG**

Chief Executive Officer rkruckenberg@chcfortdodge.com

	(515) 576-6500
--	----------------

www.chcfd.com

Community Health Center of Fort Dodge

CHC\_FD

LOCATIONS

Community Health Center of Fort Dodge 126 North 10th Street Fort Dodge, IA 50501

Dayton Clinic 24 South Main Street Dayton, IA 50530

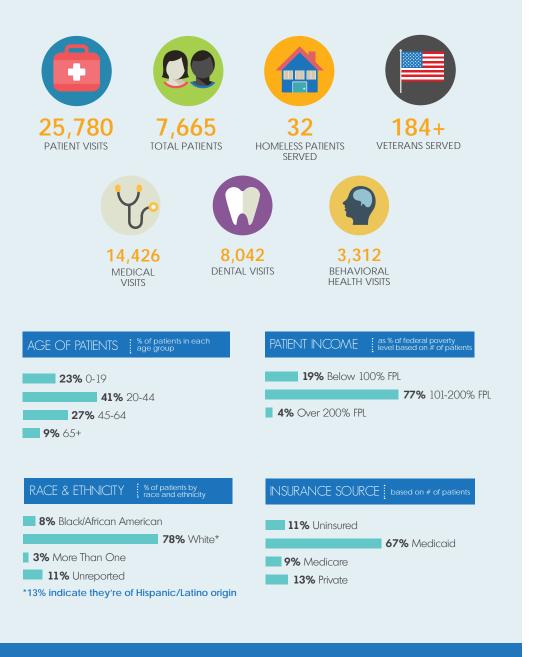
Mason City Clinic 404 North Federal Avenue Mason City, IA 50401

COUNTY SERVICE AREA Webster, Cerro Gordo



# **COMMUNITY HEALTH CENTER OF FORT DODGE**

FORT DODGE, DAYTON, MASON CITY



#### HEALTH CENTER HIGHLIGHT: EXPANSION TO MASON CITY

In October 2018, Community Health Center of Fort Dodge's new clinic in Mason City's downtown opened, providing medical, dental, and mental health services. Located at 404 North Federal Avenue, the clinic includes nine medical rooms, nine behavioral health rooms, eight dental rooms, and space to grow as the need arises. In the first four months, almost 2,000 people were provided with much needed services. Due to the health center's opening, both the medical free clinic and dental free clinic have closed as the needs of the community are being met in a more timely fashion.

OMMUNITY HEALTH CENTERS OF SOUTHEASTERN IOWA. INC



an iowa healtht.center

**RONALD W. KEMP** 

Chief Executive Officer

www.chcseia.com

rkemp@chcseia.com

(319) 753-2300

Chcseia

LOCATIONS West Burlington Clinic 1706 West Agency Road West Burlington, IA 52655

Keokuk Clinic

400 North 17th Street Keokuk, IA 52632

Keokuk Dental Clinic

Louisa County Clinic

Columbus City, IA 52737

COUNTY SERVICE AREA

<sup>10</sup> Constant Cannot Generate Biscore Story Manhall Tama Barran Hamilian Sheliy hudubon Gudone Dation Pub Jospar Rowenheik I torottorite Cost Aslar Madaan Warnes Mahaan Mahaala Revisid Wa

Des Moines; Henry; Lee; Louisa;

2409 Spring Street

Hamilton Clinic

Hancock, IL

951 Broadway Street

Hamilton, IL 62341

1618 Main Street Keokuk, IA 52632



8% 65+

2% Asian

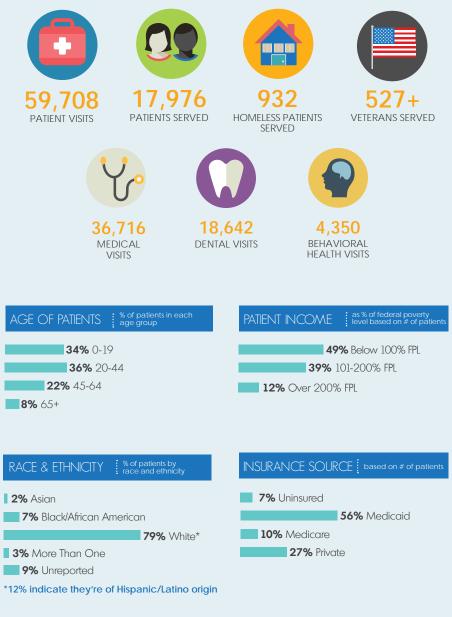
**3%** More Than One 9% Unreported

#### HEALTH CENTER HIGHLIGHT: IMPROVING VETERANS' BEHAVIORAL HEALTH SCREENING AND ACCESS TO TREATMENT

services at the health center or VA.

# **COMMUNITY HEALTH CENTERS OF SOUTHEASTERN IOWA**

WEST BURLINGTON; KEOKUK; COLUMBUS CITY; HAMILTON. IL



As part of a growing effort within the US Department of Veterans Affairs' (VA) at the national level to partner outside their traditionally closed healthcare system, Community Health Centers of Southeastern lowa (CHC/SEIA) is partnering with the Veterans Rural Health Resource Center, Iowa City; the Iowa City VA Hospital's Primary Care Behavioral Health Integration services; and the Iowa Primary Care Association.

Partners aim to ensure Veterans with behavioral health issues are identified and engaged in care, and that the care delivered is seamlessly coordinated among the two systems. Goals of the project include: • Identify Veterans presenting at CHC/SEIA for care;

 Assist interested Veterans with exploring eligibility and applying for Veterans' health care benefits; Screening Veterans for behavioral health issues; and Ensuring Veterans who screen positive have access and are connected with behavioral health



Community Health Centers of Southern Iowa

Corydon

102-104 N. Franklin

Corydon, IA 50060

**Ringgold County** 

Mt. Ayr, IA 50854

Princeton, MO

606 W. Main Street

Princeton, MO 64673

Graceland University

Student Health Services 1 University Place Walker Residence Hall

Lamoni, IA 50140

109 W. Madison Street

AGE <u>OF</u> PA

**17%** 6.

RACE & ET

1% Black/Afri

4% More Th

6% Unrepo

\*2% indicate they're of Hispanic/Latino origin

Courthouse

Osceola

an iowa healtht.center

#### SAMANTHA CANNON

Chief Executive Officer scannon@chcsi.org

- (641) 446-2383
- www.chcsi.org

CHCSouthernlowa

💟 @CHCofSouthernIA

#### LOCATIONS

Leon Facility 302 NE 14th Street Leon, IA 50144

Lamoni 802 E. Ackerly Lamoni, IA 50140

Albia 117 W. Main Street Albia, IA 52531 131 W. Washington Street Osceola, IA 50213

Centerville 221 E. State Street Centerville, IA 52544

**Chariton Medical** 1030 N. 7th Street Chariton, IA 50049

Chariton Behavioral Health 1711 Osceola Avenue Chariton, IA 50049

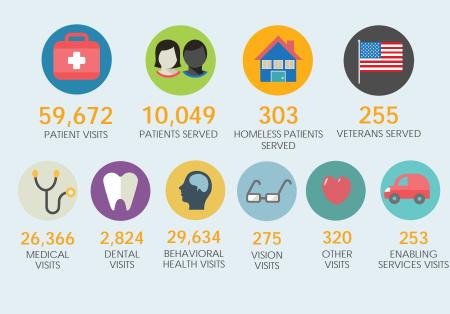
#### **COUNTY SERVICE AREA**

Appanoose; Clarke; Decatur; Lucas; Monroe; Ringgold; Union; Wayne; Harrison, MO; Mercer, MO



## **COMMUNITY HEALTH CENTERS OF SOUTHERN IOWA**

LEON; LAMONI; ALBIA; CENTERVILLE; CHARITON; CORYDON; MT. AYR; OSCEOLA; PRINCETON, MO



GE OF PATIENTS <sup>%</sup> of patients in each age group	PATIENT INCOME as % of federal poverty level based on # of patient
<b>30%</b> 0-19	<b>58%</b> Below 100%
<b>30%</b> 20-44	<b>30%</b> 101-200% FPL
<b>23%</b> 45-64	12% Over 200% FPL
<b>17%</b> 65+	
ACE & ETHNICITY frace and ethnicity	
<b>%</b> Black/African American	20% Uninsured
89% White*	30% Medicaid
<b>%</b> More Than One	16% Medicare
<b>6%</b> Unreported	34% Private

#### HEALTH CENTER HIGHLIGHT: ACCESS CENTER AND **MOBILE CRISIS SERVICES**

Community Health Centers of Southern Iowa has been chosen by the CROSS Region Governance Board to be the recipient of the \$2.5 million grant to develop and implement an Access Center and Mobile Crisis Services for the region. The Access Center will provide assessment, evaluation, and medical clearing of individuals seeking emergency psychiatric care, and will also include the following services: 23-hour hold beds, subacute, crisis stabilization residential services, peer support counseling, warm line, mobile crisis services, and coordination services to link with the ACT and ISTART programs operating





#### **BROOKE GOMEZ**

Interim Chief Executive Officer bgomez@crescentchc.org

(563) 690-2860

0 www.crescentchc.org

CrescentCommunityHealthCenter

ന @Crescent CHC

@crescentchc

#### LOCATIONS

FPI

**Crescent Community Health Center** 1789 Elm Street, Suite A Dubuque, IA 52001

#### **COUNTY SERVICE AREA** Dubuque





1% Asian

**3%** More Than One **3%** Unreported

# **CRESCENT COMMUNITY HEALTH CENTER**



\*10% indicate they're of Hispanic/Latino origin

#### HEALTH CENTER HIGHLIGHT: EXPANDING TO MEET COMMUNITY NEEDS

facility due to an increased need for growth both in patient volume and programming. In 2018, CCHC served almost 6,400 patients, with this number expected to grow to 8,000 by 2021. The new facility will allow CCHC to open their doors to more patients who have complex healthcare needs that can all be met in one spot. Not only will CCHC have the opportunity to serve more medical and dental patients, but with the expansion, will be providing direct behavioral health and substance use disorder treatment services. CCHC also anticipates adding multiple sub-specialties including pediatrics, women's health procedures, and ophthalmology to name a few. This campus-type model encompasses the integrative approach to care they envision for enhanced quality and a healthier community.

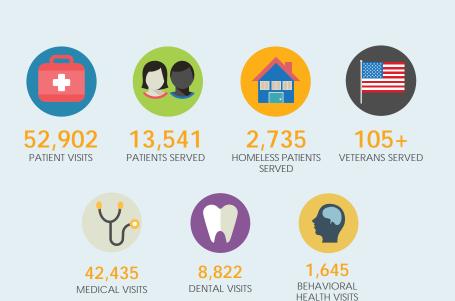


www.easterniowahealthcenter.com

easterniowahealthcenter

# **EASTERN IOWA HEALTH CENTER**

#### CEDAR RAPIDS



AGE OF PATIENTS f % of patients in each age group	PATIENT INCOME as % of federal poverty level based on # of patients
<b>34%</b> 0-19 <b>45%</b> 20-44 <b>17%</b> 45-64 <b>4%</b> 65+	73% Below 100% FPL 22% 101-200% FPL 5% Over 200% FPL
RACE & ETHNICITY % of patients by race and ethnicity	
1% Asian	16% Uninsured
1% Native Hawaiian/Pacific Islander	65% Medicaid
1% American Indian/Alaska Native	6% Medicare
35% Black/African American	13% Private
55% White*	
<b>4%</b> More Than One	

#### DEOPLES Community Health Clinic an jowa healtht center

CHRISTINE KEMP

(319) 874-3000

f peoplesclinic 

LOCATIONS

905 Franklin Street

Waterloo, IA 50703

118 South Main Street Clarksville, IA 50619

Black Hawk, Butler

Chief Executive Officer ckemp@peoples-clinic.com

www.peoples-clinic.com

Peoples Community Health Clinic

**COUNTY SERVICE AREA** 

Peoples Clinic Butler County





42,341 MEDICAL VISI

#### GE O

		_
		24
7%	6	5+

#### RACE &

6% Asian 1% Hawaiid



1% More Th 2% Unrepo \*11% indicate

Peoples Community Health Clinic (Peoples Clinic) has consistently been recognized by the Health Resources and Services Administration (HRSA) Health Center Program as a high level quality performer. Categories of quality have included achieving Patient Centered Medical Home status, addressing health disparities, and enhancing access to care. Peoples Clinic continually exceeds national clinical quality benchmarks, including Healthy People 2020 goals for chronic disease management, preventive care, and perinatal/prenatal care.

# **3%** Unreported

\*7% indicate they're of Hispanic/Latino origin

#### HEALTH CENTER HIGHLIGHT: COMPREHENSIVE WOMEN'S HEALTH SERVICES

Eastern Iowa Health Center is proud to offer robust and comprehensive women's delivery, annual exams, family planning, gynecological surgery, menopausal care, behavioral health, social work, and more. In 2018, their women's health team, led by Dr. Bassel Eid, MD, provided prenatal care to 1,206 patients and delivered 701 babies.

#### easterniowahealthcenter

**G** 

**JOE LOCK** 

jlock@eihc.co

(319) 730-7300

5 ElHealthCenter

Chief Executive Officer

LOCATIONS Family Medicine Pediatrics **Behavioral Health** 1201 3rd Avenue SE Cedar Rapids, IA 52403

#### Women's Health **Behavioral Health** 4251 River Center Court NE Cedar Rapids, IA 52402

**Dental Health** 1225 3rd Avenue SE Cedar Rapids, IA 52403

#### Administrative Headquarters 1030 5th Avenue SE, Suite 2400 Cedar Rapids, Iowa 52403

#### **COUNTY SERVICE AREA**

Benton, Iowa, Johnson, Jones, Linn



# **PEOPLES COMMUNITY HEALTH CLINIC**

WATERLOO, CLARKSVILLE

,016 17,824 PATIENTS SERVED	1,124 HOMELESS PATIENTS SERVED
ITS DENTAL VISITS BEHA	656 2,144 645 AVIORAL ENABLING OTHER VISITS TH VISITS SERVICES VISITS
ATIENTS f % of patients in each age group	PATIENT INCOME is % of federal poverty level based on # of patients
<b>37%</b> 0-19 <b>32%</b> 20-44 <b>1%</b> 45-64	<b>63%</b> Below 100% FPL <b>28%</b> 101-200% FPL <b>9%</b> Over 200% FPL
ian/Pacific Islander <b>31%</b> Black/African American <b>59%</b> White* han One orted	<ul> <li>18% Uninsured</li> <li>46% Medicaid</li> <li>12% Medicare</li> <li>2% Other Public</li> <li>22% Private</li> </ul>
te they're of Hispanic/Latino origin	

#### HEALTH CENTER HIGHLIGHT: QUALITY FOCUSED CARE



#### **KELLY HUNTSMAN**

Chief Executive Officer khuntsman@phcinc.net

- (515) 248-1447
- www.phciowa.org
- **G** primaryhealthcareiowa

West Side Medical

Clive, IA 50325

1601 NW 114th St. #334

Marshalltown Medical

412 East Church Street

Marshalltown, IA 50158

Marshalltown Dental

Marshalltown, IA 50158

Marshalltown Specialty

Marshalltown, IA 50158

112 East Linn Street

704 May Street

Ames Medical

PHC at Hoover/

4800 Aurora Avenue

Des Moines, IA 50310

Des Moines, IA 50309

1420 Mulberry Street Des Moines, IA 50309

Mobile Health Unit

Various Locations Around Central Iowa

Meredith

PHC at YESS 918 SE 11th Street

PHC at CISS

3510 Lincoln Way Ames, IA 50010

Health

- $\Box$ @PHCiowa
- @PHCiowa
- LOCATIONS

Administrative Office 1200 University Ave., #200 Des Moines, IA 50314

University Medical 1200 University Ave., #120 Des Moines, IA 50314

University Dental 1200 University Ave., #100 Des Moines, IA 50314

The Project of PHC 1200 University Ave., #120 Des Moines, Iowa 50314

Pharmacy 1200 University Ave., #105 Des Moines, IA 50314

**Homeless Support Services** PHC at Scavo 1200 University Ave., #110A Des Moines, IA 50314 1800 Grand Avenue Des Moines, IA 50309

Engebretsen Medical 2353 SE 14th Street Des Moines, IA 50320

Engebretsen Dental 2353 SE 14th Street Des Moines, IA 50320

East Side Campus 3509 Fast 29th Street Des Moines, IA 50317

PHC at Mercy 250 Laurel Street Des Moines, IA 50314

COUNTY SERVICE AREA Marshall, Polk, Story



<b>PRIMARY HEALTH CARE, INC</b>	С.
DES MOINES, AMES, MARSHALLTOWN	



1/1 +

VETERANS SERVED

5,086

ENABLING

SERVICES VISITS

59% Below 100% FPL

ATIENT INCOME as % of federal poverty level based on # of pat

**33%** 101-200% FPL

NSURANCE SOURCE based on # of paties

37% Uninsured

37% Medicaid

HOMELESS PATIENTS

SERVED

8,666

BEHAVIORAL

HEALTH VISITS

8% Over 200% FPL

6% Medicare

1% Other Public

19% Private

38.60 PATIENT VISITS PATIENTS SERVED



98,878 27,965 MEDICAL DENTAL VISITS VISITS

#### GE OF PATIENTS % of patients in each

**30%** 0-19 **40%** 20-44 **23%** 45-64

7% Asian

12% Black/African American

#### 1% More Than One

4% Unreported

\*39% indicate they're of Hispanic/Latino origin



In response to the opioid epidemic. Primary Health Care (PHC) is leading the charge to combat opioid addiction by providing Medication Assisted Treatment (MAT). MAT is an intervention using medication to ease the cravings of someone seeking treatment for the addiction of opioids (such as heroin or prescription pain killers).

Suboxone, the most common treatment option, is an FDA approved medication that has been proven to help those addicted to opioids. When prescribed alongside behavioral health counseling, Suboxone is effective in helping people addicted to opioids remain drug free. PHC has three physicians who have received the special training and licensure, and three nurse practitioners are currently in training to prescribe Suboxone. PHC's physicians have been providing MAT services in central lowa for five years.

PROMISE COMMUNITY HEALTH CENTER an iowahealth center

**AMY KLEINHESSELINK** 

Chief Executive Officer/ Chief Financial Officer

amyk@promisechc.org

Chief Executive Officer/

Chief Operations Officer etuschen@promisechc.org

www.promisechc.org

Promise Community Health Center

**COUNTY SERVICE AREA** 

**EMILY TUSCHEN** 

(712) 722-1700

promisechc

💟 @promisechc

LOCATIONS

338 1st Avenue NW

Sioux

Sioux Center, IA 51250

## **PROMISE COMMUNITY HEALTH CENTER** SIOUX CENTER

4.814 152 30+ PATIENT VISITS PATIENTS SERVED HOMELESS PATIENTS VETERANS SERVED SERVED 6-0 422 8,305 4,923 261 BEHAVIORAL DENTAL VISITS VISION VISITS MEDICAL VISITS HEALTH VISITS GE OF PATIENTS <sup>%</sup> of patients in each ATIENT INCOME is % of federal poverty level based on # of pa **46%** 0-19 45% Below 100% FPL **40%** 101-200% FPL **38%** 20-44 **14%** 45-64 15% Over 200% FPL **2%** 65+ RACE & ETHNICITY % of patients by race and ethnicity SURANCE SOURCE based on # of patie 1% Asian 36% Uninsured 1% Hawaiian/Pacific Islander 45% Medicaid 1% Black/African American 1% Medicare 5% American Indian/Alaska Native 18% Private 57% White\* 2% More Than One 33% Unreported \*49% indicate they're of Hispanic/Latino origin



### 21

7% 65+

#### RACE & ETHNICITY frace and ethnicity

76% White\*

#### HEALTH CENTER HIGHLIGHT: ENHANCING CARE THROUGH A CLINICAL PHARMACY PROGRAM

Promise Community Health Center (Promise CHC) has implemented a clinical pharmacy program to enhance patient education and act as a drug information resource to clinical staff. Through face-to-face counseling, telephone interactions, and other written materials, clinical pharmacy services enhance the comprehensive, quality care that Promise CHC provides. A close partnership has been developed between the nurse health coach program and pharmacy program, and these two resources have proven to be vital to the patients that Promise CHC serves.



#### **PROTEUS, INC.** DES MOINES, FORT DODGE, IOWA CITY



Interim Chief Executive Officer terryi@proteusinc.net

- (515) 271-5306
- www.proteusinc.net
- ProteusInclowa

#### LOCATIONS

**Des Moines Office** 1221 Center Street, Suite 16 Des Moines, IA 50309

Fort Dodge Office 107 North 7th Street Fort Dodge, IA 50501

#### Iowa City Office 1548 South Gilbert Street Iowa City, IA 52240

#### **COUNTY SERVICE AREA**

Proteus, Inc. provides services throughout the state of lowa.



	3,278 PATIENT VISITS	1,317 PATIENTS SERVED	<b>10+</b> VETERANS SERVED	
Y			6-	
2,118 iedical visits	81 Dental visits	6 BEHAVIORAL HEALTH VISITS	<b>116</b> VISION VISITS	957 ENABLING SERVICES VISITS
AGE OF PATIE	ENTS f % of patients in age group	PATE	ENT INCOME	% of federal poverty el based on # of patients
<b>17%</b> 0-1	9 <b>45%</b> 20-44	_	<b>16%</b> 101-200%	<b>B3%</b> Below 100% FPL
<b>33</b> <b>5%</b> 65+	<b>3%</b> 45-64	1%	Over 200% FPL	
RACE & ETHN	NCITY : % of patients to race and ethr	nicity INSL	IRANCE SOURCE [	based on # of patients
10% White 1% More Thar		-		<b>100%</b> Uninst

\*98% indicate they're of Hispanic/Latino origin

#### 770 migrant workers

MF

an individual whose principal employment is in agriculture, who has been so employed within the last 24 months, and who establishes for the purposes migratory agricultural worker. of such employment a temporary abode

#### **54** / seasonal workers an individual whose principal employment is in

100% Uninsured

agriculture on a seasonal basis and who is not a

#### HEALTH CENTER HIGHLIGHT: HOLA PROGRAM

89% Unreported

The Hola Program is a service hosted by Proteus, Inc. Once per month, Proteus and several agencies throughout the Des Moines metro assist with services like legal assistance, financial education, family planning, counseling and referrals to other agencies.







#### Chief Executive Officer rjohnson@riverhillshealth.org

(641) 954-9971

**RICK JOHNSON** 

📃 www.riverhillshealth.org

@RiverHillsCommunityHealthCenter

#### LOCATIONS

Administrative Office 216 South Market Street Ottumwa, IA 52501

Wapello County Clinic 201 South Market Street Ottumwa, IA 52501

Keokuk County Clinic - Richland 100 West Main Street Richland, IA 52585

Appanoose County Clinic - Centerville 1015 North 18th Street, Suite C Centerville, IA 52544

Keokuk County Clinic – Sigourney 300 West Kelly Street Sigourney, IA 52591

Patient Accounts & Medical Records Office 207 West 2nd Street Ottumwa, Iowa 52501

#### **COUNTY SERVICE AREA**

Appanoose, Davis, Jefferson, Keokuk, Mahaska, Monroe, Van Buren, Wapello



#### 5% Black 1% More Th **5%** Unrep \*13% indicate

19%

**9%** 65+

RACE & E

1% Asian

River Hills Community Health Center is partnering on a 9-month Practice Transformation Initiative focused on the medical departments of each site. The goals of initiative are to increase medical patient encounters by 10%, reduce patient cycle times to 30 minutes from start to finish, and end each day with a soft landing, which means all clinical staff and medical providers finish on time with charting completed and desk tops cleared.

This initiative promotes strong patient engagement, as well as encourages clinic staff to test and implement different strategies and interventions, helping them to complete their daily work quickly and efficiently while also reducing duplication of effort and other redundancies. The initiative also allows staff to be the drivers of change that will eventually shape daily clinic operations. As Margaret Mead once said, "Never underestimate the ability of a small group of committed individuals to change the world. It's the only thing that ever has."

# **RIVER HILLS COMMUNITY HEALTH CENTER**

OTTUMWA, RICHLAND, CENTERVILLE, SIGOURNEY

<b>676</b> NT VISITS	19,060 PATIENTS SERVED	78 HOMELESS PATIENTS SERVED	543+ VETERANS SERVED
Y			2
29,30 MEDICAL V		AL VISITS BEHAV	403 vioral + visits
ATIENTS Åg <b>38%</b> 0-19	of patients in each e group	PATIENT INCOME	as % of federal poverty level based on # of patients % Below 100% FPL
<b>34%</b> 20-44 <b>6</b> 45-64		43%	101-200% FPL
THNCTY in a	of patients by ce and ethnicity	INSURANCE SOURC	E based on # of patients
/African Americ	an <b>88%</b> White*	<b>33%</b> Unin <b>36%</b> Me <b>5%</b> Medicare	
han One ported te they're of His	panic/Latino origin	26% Private	

#### HEALTH CENTER HIGHLIGHT: PRACTICE TRANSFORMATION



#### MARI KAPTAIN-DAHLEN

Chief Executive Officer mkaptaindahlen@slandchc.com

- (712) 252-2477
- 回 www.slandchc.com
- 🚹 Siouxland Community Health Center
- $\mathbf{C}$ @slandchc
- @slandchc

#### LOCATIONS

Siouxland Community Health Center 1021 Nebraska Street Sioux City, IA 51105

Siouxland Community Health of Nebraska 3410 Futures Drive South Sioux City, NE 68776

#### **COUNTY SERVICE AREA**

Plymouth; Woodbury; Dakota, NE



U				
77,922 MEDICAL VISITS	<b>17,122</b> Dental visits	6,715 BEHAVIORAL HEALTH VISITS	<b>137</b> VISION VISITS	<b>10,045</b> ENABLING SERVICES VISITS
AGE OF PATIENTS	% of patients in each age group	PATIEN	IT INCOME [ î	as % of federal poverty evel based on # of patients
<b>36%</b> 0-	-19			88% Below 100% FPL
<b>35%</b> 20	)-44	109	<b>%</b> 101-200% FPL	
<b>23%</b> 45-64		<b>2%</b> C	ver 200% FPL	
<b>6%</b> 65+				
RACE & ETHNICITY	% of patients by race and ethnicity	IN SUR,	ANCE SOURCE	based on # of patients
4% Asian			20% Uninsured	
13% Black/Africa	in American		<b>43%</b> M	edicaid
29/ Amorican India	Alacka Nativo	0.00/	Madiaara	

365

SERVED

HOMELESS PATIENTS VETERANS SERVED

SIOUXLAND COMMUNITY

29.160

PATIENTS SERVED

**HEALTH CENTER** 

111.94<sup>·</sup>

PATIENT VISITS

SIOUX CITY; SOUTH SIOUX CITY, NE

**3%** American Indian/Alaska Native **9%** Medicare 65% White\* 1% Other Public 10% More Than One 27% Private

\*40% indicate they're of Hispanic/Latino origin

5% Unreported

#### HEALTH CENTER HIGHLIGHT: STREET MEDICINE PROJECT

local healthcare providers to visit shelters, soup kitchens, and places where the city's homeless gather to take blood pressures, blood sugars, and provide basic first aid when needed using medical supplies donated by the health center. Those in need of further services are transported to the health center for non-emergent care. These medical volunteers address the types of conditions that if left untreated, could lead to a more serious illness or condition.

others that live in substandard housing in the community to fulfill the basic need to help stay clean. All hygiene items including towels are provided and free HIV and Hepatitis C testing is also available on site.

Center of Excellence, one of only two in the Midwest. This award recognizes ongoing commitment at all levels of government to promote access to affordable, equitable, and innovative care for SCHC's patients.





#### **RICH GEHRIG Executive Director** rich@uchcsl.com (712) 213-0109 www.uchcsl.com 1 UCHCSL LOCATIONS United Community Health Center 715 West Milwaukee Storm Lake, IA 50588

#### **COUNTY SERVICE AREA** Buena Vista, Sac





**5%** 65+

22%

8% Asian

1% More Than One 1% Unreported \*51% indicate they're of Hispanic/Latino origin

# **UNITED COMMUNITY HEALTH CENTER**





4.356 PATIENTS SERVED





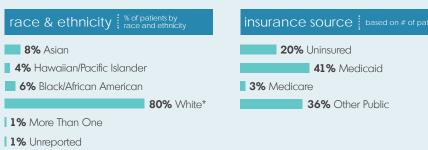
MEDICAL VISITS



4.598 DENTAL VISITS



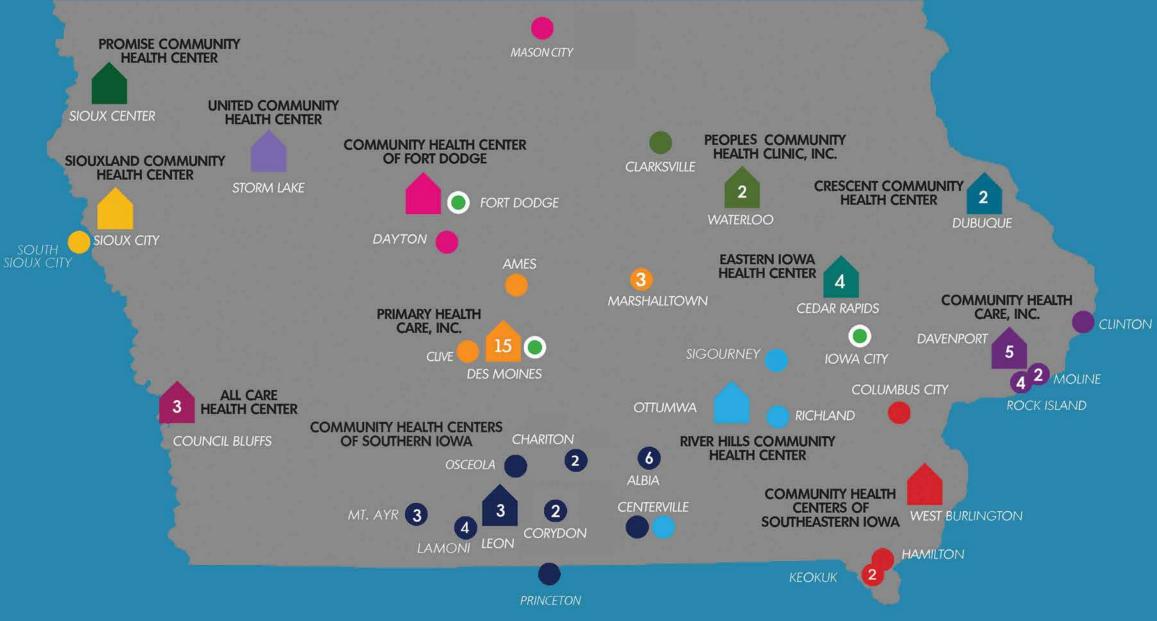
tients : % of patients in each age group	patient income as % of federal poverty level based on # of patients
<b>37%</b> 0-19	49% Below 100% FPL
<b>36%</b> 20-44	46% 101-200% FPL
45-64	<b>5%</b> Over 200% FPL



HEALTH CENTER HIGHLIGHT: EXPANDING BEHAVIORAL HEALTH SERVICES TO FIT COMMUNITY NEEDS

United Community Health Center (UCHC) now offers behavioral health services including Mental Health Counseling and Medication Assisted Treatment (MAT) for substance use disorders. UCHC also offers other therapy and counseling services by a Licensed Therapist (LISW) at their clinic and counseling for children and adolescents experiencing behavioral

# **HEALTH CENTERS**







Health centers provide primary and preventive healthcare services at 45 full-service sites and an additional 40 sites that include schools, nursing homes, homeless shelters, and other locations where special populations are served. In total, lowans can access healthcare services at 85 sites statewide.



9943 Hickman Road, Suite 103 Urbandale, Iowa 50322

## www.iowapca.org





